



## **THE FINAL CASE PRESENTATION**

### **INTRODUCTION**

The final requirement of psychoanalytic training is: (1 ) to submit a written case report of a patient you have been seeing preferably on the couch (recommended, not required) for at least 240 hours three times a week and (2) to pass an approximately hour-long oral discussion of your case with three faculty examiners. Based on the written recommendation of the Final Case Committee to the Training Committee, your presentation will be discussed and voted on. In some circumstances, the Training Committee may recommend that you have continued supervision and or analyses and re-present in a year

The purpose of this Final Case Presentation (FCP) is for the faculty to determine the depth of your understanding of your role in the analysis, of the power of transference/countertransference, and of what constitutes therapeutic action. Thus the FCP calls upon all the elements of your training (course work, personal analysis, and supervision) to illustrate your ability:

1. To demonstrate your understanding of psychoanalytic theory and practice and your skill level in the work with the patient.
2. To describe your experience of learning to analyze this patient by providing a self aware narrative of the changes in the therapeutic relationship from the first meeting to the most recent sessions.
3. To identify the components of therapeutic change, including attention to shifts in transference and countertransference, resistances, enactments, dreams, and real-life events in the patient's and analyst's lives.
4. To present a synthesis of the theoretical viewpoint that guided your work.

The rest of this guide will describe the administrative process, the content and structure of the written paper, and protocol for the oral presentation. Any questions you have should be directed to 1) your control supervisor, 2) your advisor and 3) the co-chairs of the evaluation subcommittee who administer the final case process.